



Between Land and Sea

2020

Mixed Activities 8 days 7 nights on a beautiful spot of nature and sea (min 4 to max 20 p)

Do not miss, an unforgettable holiday with mixed activities that will take you between Land and Sea under the sun in Sardinia! Mountain biking- watersports-and More..... all the activities are within everyone's reach and are carried out in complete safety by certified guides.

Tend	Full board	Days-Nights	Low Season	Mid Season	Hi Season
Basik	Breakfast – Lunch - dinner	8/7	€ 340.00	€ 380.00	€ 410.00
Includes: Full board					

Camp Services	
Bed lining (pillow – sheets and blanket)	Transfer go and back from Olbia min 4 p
Sing € 15.00 Double € 25.00	€ 40.00

Type	Duration	Low Season	Mid Season	Hi Season
Mountain Bike	3 ½ h	€ 30.00	€ 35.00	€ 40.00
Hike on Nuraghe	(Full day) ^o	€ 50.00	€ 55.00	€ 60.00
watersports Day	(Full day)	€ 50.00	€ 55.00	€ 60.00
Montalbo	(Full day) ^o	€ 50.00	€ 55.00	€ 60.00

Mixed Activities 8 days 7 nights (min 4 to max 20p)		
The camp includes		
7 nights accommodation in private tend		
Full Board (Italian Breakfast – Lunch – dinner)		
Hike on Nuraghe “Litu Ertiches” cave “Su Santuariu” and lunch from farmer (Full day) *		
Mountain Bike 3 ½ h - 4h		
watersports Day **		
Hike Montalbo + BBQ(Full day day) *		
Transfer from and to the airport Olbia		
Low Season 25/04-30/06 – 07/09-06/10	Mid Season 01/07-02/08 – 23/08-06/09	Hi Season 03/08-22/08
€ 560.00	€ 620.00	€ 670.00

****S.U.P board included only on the watersports day**

*** Those experience have lunch included with local products on location.**



Between Land and Sea

2020

Windsurf and Land 8 days 7 nights on a beautiful spot of nature and sea (min 4 to max 20 p)

Tend	Full board	Days-Nights	Low Season	Mid Season	Hi Season
Basik	Breakfast – Lunch - dinner	8/7	€ 290.00	€ 380.00	€ 410.00
Includes: Full board					

Camp Services	
Bed lining (pillow – sheets and blanket)	Transfer go and back from Olbia min 4 p
Sing € 15.00 Double € 25.00	€ 40.00

Type	Duration	Low Season	Mid Season	Hi Season
Mountain Bike	3 ½ h	€ 30.00	€ 35.00	€ 40.00
Hike on Nuraghe	(Full day) ^o	€ 50.00	€ 55.00	€ 60.00
Windsurf base course	9h	€ 130.00	€ 135.00	€ 140.00
Montalbo	3 ½ h	€ 30.00	€ 35.00	€ 40.00

Mixed Activities 8 days 7 nights (min 4 to max 20p)		
The camp includes		
7 nights accommodation in private tend		
Full Board (Italian Breakfast – Lunch – dinner)		
Hike on Nuraghe “Litu Ertiches” cave “Su Santuariu” and lunch from farmer (Full day) *		
Mountain Bike 3 ½ h - 4h		
Windsurf base course ** 9h		
Montalbo sunset 3 ½ h - 4h		
Transfer from and to the airport Olbia		
Low Season	Mid Season	Hi Season
25/04-30/06 – 07/09-06/10	01/07-02/08 – 23/08-06/09	03/08-22/08
€ 620.00	€ 670.00	€ 730.00

The Basic Windsurf course will be developed during the week and the duration will be 9h

****S.U.P board included only on the watersports day**

*** Those experience have lunch included with local products on location.**



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Mixed Activities 10 nights 9 days on a beautiful spot of nature and sea (min 4 to max 20 p)

Tend	Full board	Days-Nights	Low Season	Mid Season	Hi Season
Basik	Breakfast – Lunch - dinner	10/9	€ 370.00	€ 420.00	€ 470.00
Includes: Full board					

Camp Services	
Bed lining (pillow – sheets and blanket) Sing € 15.00 Double € 25.00	Transfer go and back from Olbia min 4 p € 40.00

Type	Duration	Low Season	Mid Season	Hi Season
Mountain Bike	3 ½ h	€ 30.00	€ 35.00	€ 40.00
Hike on Nuraghe	(Full day)°	€ 50.00	€ 55.00	€ 60.00
watersports Day	(Full day)	€ 50.00	€ 55.00	€ 60.00
Montalbo	(Full day)°	€ 50.00	€ 55.00	€ 60.00
Canyon gorroppu	(Full day)°	€ 50.00	€ 60.00	€ 60.00

Mixed Activities 8 nights 7 days (min 4 to max 20p)		
The camp includes		
7 nights accommodation in private tend		
Full Board (Italian Breakfast – Lunch – dinner)		
Hike on Nuraghe “Litu Ertiches” cave “Su Santuariu” and lunch from farmer (Full day) *		
Mountain Bike 3 ½ h - 4h		
watersports Day **		
Hike Montalbo + BBQ(Full day day) *		
Canyon gorroppu(Full day day) *		
Transfer from and to the airport Olbia		
Low Season 25/04-30/06 – 07/09-06/10	Mid Season 01/07-02/08 – 23/08-06/09	Hi Season 03/08-22/08
€ 690.00	€ 770.00	€ 850.00

****S.U.P board included only on the watersports day**

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Description activity

Hike on Nuraghe “Litu Ertiches” and cave “Su Santuariu” (Full day) *: Easy.

An excursion off the beaten path, in one of the wildest and least known parts of Montalbo, in the Monte Pizzinnu area. A trek that will lead us to learn more about some sites of great natural and historical interest, in Montalbo Lula and Irgoli !!!

During this excursion we will visit two beautiful and still little known sites, the nuraghe of Litu Ertiches and the cave of "Su Santuariu".

Leaving the machines near Monte Pizzinnu we will follow a smooth path that will take us to the Nuraghe of Litu Ertiches, located in a strategic and spectacular position, on top of a limestone spur from which in the past the transhumance between the areas of the Albo mountain was controlled. the Siniscola plain and the hinterland of the Gulf of Orosei. After the nuraghe we will continue towards the cave of Su Santuariu, consisting of a large room of easy access where numerous concretions with stalactite columns and stalagmites create a beautiful scenery. After returning to the machines we will continue to stop at a beautiful farm, where after visiting the vineyard and the cellar, we will have a tasting lunch of some of the best local products, carasatu bread, cannonau wine, pecorino del pastore and pompia del Slow Food Presidium, along with some other traditional dishes.

From the light house to Berchida(Full day day) *level: Easy.

We will pick up the tour participants at their hotels with our 8-pax tourist van, and drive to the beginning of the beach path, from where we will hike to enjoy the stunning views from Capo Comino's old lighthouse (30 min on the way up, 20 min on the way back).

After the old lighthouse we will plan 2 beach stops to let you discover and enjoy the beautiful beaches of Capo Comino (1.5h stop) and Berchida beach (2h stop). For those who are willing to go for another short walk, we'll be happy to extend the hike to the last beach of Oasi Bidderosa, while those who want to rest can wait for the group's return while keeping enjoying the beautiful Berchida beach. And for those who get bored of sunbathing and swimming, we carry plenty of beach gear: frisbee, racquetball, bowls and snorkeling kits! we will have a tasting lunch of some of the best local products



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Gorropu Canyon

An exploration hike of medium difficulty and great naturalistic and landscape interest. Walk with us alongside Rio Flumineddu and cross a forest rich in local vegetation and aromatic plants to experience the beauty of the Gorropu Canyon trails.

All participants joining this tour should be in good health conditions and used to mountain walks, as we will be hiking for about 5 hours.

Montalbo Sunset

Follow the footsteps of Sardinian shepherds and the mountain trails of Punta Cupeti, the peak close to Montalbo di Siniscola.

Discover ancient settlements and natural water springs. Get to the perfect spot to enjoy the sunset and the infinite landscape

Montalbo hike +bbq

The trek on Montalbo is not too demanding and I would say suitable for everyone, even the less trained. Obviously you need to wear sportswear, hiking boots and have a two-liter water supply in tow. It takes about four hours between ascent and descent, excluding stops. During the hike we reach a fountain where we stop and we organize a bbq

MountainBike

After breakfast we leave from the Camp with the Mtb to The light house of Capo Comino. We still ride in the shade of the lush pine forest, which accompanies us to the shade of the many pines wonderful and large beach of Berchida, here after a short stop you return to the campsite .

Watersport day

On the watersport day guest will be introduced to the various discipline we do on the beach on this day the customers will have free use of some the material of the beach



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We can also offer

(included on the packages or optionable on camp) min 4 pers

Type	Duration	Low Season	Mid Season	Hi Season
Yoga	1 h	€ 15.00	€ 15.00	€ 15.00
Massage	1h	€ 40.00	€ 40.00	€ 40.00
Cala Luna hike +ferry	(Full day)	€ 60.00	€ 65.00	€ 70.00
Ispinigoli cave	(half day)	€ 40.00	€ 45.00	€ 50.00
Tiscali hike	(Full day)	€ 50.00	€ 55.00	€ 50.00
Canoo tour on Tapilora reserve	(half day)	€ 40.00	€ 45.00	€ 50.00
Canyoning	(half day)	€ 70.00	€ 75.00	€ 80.00

All the activities are provided from certificated local guides

Those activity can be swap whit other activity on the packages or booked on can on the day off.